

# A Second Chance

Gratitude, Resilience, and Living with Purpose

## WHO IT IS FOR

For healthcare audiences, associations and any room that has weathered a hard season.



Life and leadership rarely follow the path we expect. Setbacks, uncertainty, and unexpected change can leave people questioning what comes next and how to move forward.

Drawing from his own journey through Cerebral Palsy, multiple open-heart surgeries, and a life-saving heart transplant, Michael guides audiences toward a renewed perspective on resilience, gratitude, and purpose. His heartfelt stories remind people that while we cannot choose every circumstance, we can choose how we respond.

## WHAT PEOPLE TAKE AWAY

- Develop resilience in the face of change and adversity.
- Cultivate gratitude that fuels stronger leadership and relationships.
- Leave inspired to embrace each day with renewed purpose and hope.

“Even with very high expectations going in, Michael managed to exceed them completely. The presentation resonated deeply with our audience, sparking continuous discussion and praise among attendees for the rest of the conference.”

**Meg Fraser**, Chair of the 2026 Annual Meeting, American Association of Heart Failure Nurses